KINGSTON TRIATHLON CLUB

The following Agreement will affect your legal rights. Read it carefully.

IN CONSIDERATION of the acceptance of my membership in the Kingston Triathlon Club (KTC) and participation on KTC workouts and other events, I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE KTC and its respective agents, officials, employees, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions, and causes of actions, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising from my participation in any KTC sponsored or sanctioned event whether prior to, during or subsequent to any such event AND NOTWITHSTANDING that some may have been contributed to or occasioned by the NEGLIGENCE of any of the aforesaid.

I also hereby agree and consent to the use of my name or image by KTC.

I agree to obey the *Highway Traffic Act* during all KTC events and understand that I must wear a helmet that is CSA or ANSI approved during all KTC cycling events or multisport cycling components.

I also certify that I am healthy and skilled enough to participate safely and with sufficient competence such KTC workouts and events. I also acknowledge the risks inherent in swimming, cycling and running.

Read and signed on the date indicated below.

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| 2022 Membership Form |
| First Name |  |
| Last Name |  |
| Email address |  |
| Home Phone |  |
| Cell Phone |  |
| Street Address |  |
| City |  |
| Postal Code |  |
| Emergency Contact |
| First Name |  |
| Last Name |  |
| Phone Number |  |
| Street Address |  |
| City |  |
| Province |  |

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Signature Date